

## Learning Objective

- To understand what a 'skill' is and how they are used in sports leadership

## Success Criteria

- **Pass**- Identify and describe the skills required to be a successful leader
- **Merit**- Give an example of a leader in sport to support your answers, giving specific details of what the example is.
- **Distinction**- Explain the skills required to be a successful leader, saying why you think that skill is important?

# Leadership



## Describing Attributes

A leadership (skill/quality/responsibility) required to be a successful sports leader is...

The definition for..... is...

An example of good/bad .....(skill/quality/responsibility) is when (PE teacher name).....(explain what they do)

This is good/bad for the students/participants because...

SKILLS	QUALITIES	RESPONSIBILITIES
Organisation		
Knowledge		
Communication		

## Key Words/Phrases

### Communication

- Verbal
- Non verbal

### Organisation

- Planning
- Preparation
- Equipment
- Time management

### Knowledge

- Experience
- Skills and tactics

## Activity

Now have a go at describing the attributes, using the key words/phrases and using the correct structure.

Top Tip!  
Pick 2 PE teachers out of the following (Mr Boxell/Mr Taylor/Miss Gargon). Alternate your examples between the 2 teachers that you pick.

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Organisation		
Knowledge		
Activity Structure		
Target Setting		
Use of Language		
Evaluation		
Communication		

## Key Words/Phrases

### Activity Structure

- Order of activities
- Warm up
- Skills session
- Competitive game (to help improve the skill learnt)
- Cool down.

### Target Setting

- Team & individual goals.
- Improves & motivates

### Use of Language

- How you speak
- Language to suit ability and age group

### Evaluation of each session

- Leaders strengths & areas for improvement.
- Informs future planning.

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SKILLS	QUALITIES	RESPONSIBILITIES
Organisation	Enthusiasm	[Redacted]
Knowledge	Confidence	
Activity Structure		
Target Setting		
Use of Language		
Evaluation	Personality	
Communication	Appearance	

## Key Words/Phrases

### Confidence

- Belief in your ability

### Enthusiasm

- How keen/eager you are
- Linked to motivation

### Appearance

- How you look
- Appropriate clothing
- Setting an example

### Personality

- Extrovert- sociable, enjoys team sports, confident around people.
- Introvert- shy, enjoys individual sports, enjoys own company.

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SKILLS	QUALITIES	RESPONSIBILITIES
Organisation	Enthusiasm	
Knowledge	Confidence	
Activity Structure	Leadership Style	
Target Setting	Motivation	
Use of Language	Humour	
Evaluation	Personality	
Communication	Appearance	

## Key Words/Phrases

### Humour

- How funny you are/aren't
- Light hearted attitude

### Motivation

- Drive to succeed
- Encouragement

### Leadership style

- Laissez faire- laid back/let students do what they want
- Democratic- gives students an option on what they can do
- Autocratic- leader tells the students what they are going to do

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SKILLS	QUALITIES	RESPONSIBILITIES
Organisation	Enthusiasm	Health and Safety
Knowledge	Confidence	Equality
Activity Structure	Leadership Style	Insurance
Target Setting	Motivation	Professional Conduct
Use of Language	Humour	
Evaluation	Personality	
Communication	Appearance	

Professional Conduct

## Activity

Now have a go at describing the attributes, using the key words/phrases and using the correct structure.

### Key Words/Phrases

#### Professional conduct

- How a leader acts
- Setting an example.

#### Health and safety

- Ensuring there are no hazards
- Checking equipment and facilities

#### Equality

- How you treat people
- Being treated the same

#### Insurance

- provides the leader with protection against a possible eventuality.

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Knowledge	Confidence	Equality
Activity Structure	Leadership Style	Insurance
Target Setting	Motivation	Child Protection
Use of Language	Humour	Legal Obligations
Evaluation	Personality	Ethics and values
Communication	Appearance	Rules and regulations
		Professional Conduct

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## Key Words/Phrases

### Child protection

- DBS criminal record check
- Suitability of adult to work with children.
- Safety and well being of participants.

### Legal obligations

- Leader responsible for the students
- Doing their job to the best of their ability.
- Ensure safety of students

### Ethics and values

- Determines what is right and wrong
- To behave ethically is to consistently behave in a manner that is right.

### Rules and regulations

- Abide by rules
- Fair game.
- Sportsmanship.

## Example Answer

A leadership quality required to be a successful sports leader is motivation. The definition for motivation is the drive and enthusiasm to do something. An example of good motivation is when Alex Ferguson would give a half time team talk. You could often see how well the players responded to the team talk because in the second half they would show good determination to win the game. This is good for the participants because the manager needs to have good motivation to be able get them up for the game. If a leader is not motivated then the players will not think the leader is bothered and therefore not show good motivation themselves.