



LO: Review your leadership performance

L1 – Identify your strengths and weaknesses.

Pass – Describe your strengths and weaknesses.

Merit – Explain why those were your strengths and weaknesses and suggest ways to improve

Distinction – Justify how your suggestions will help you improve

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Activity

- Ask your partner to review your leadership performance using the work sheet provided.
- Consider-
 - Was there a clear warm up, main activity and cool down?
 - Did the lesson have a clear aim?
 - Were the activities clear and easy to understand?
 - Did you receive feedback from the coach?

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Using your teacher and student feedback sheet, what are your **2 strengths** and **2 weaknesses**?

Do they link to any of the attributes below?

SKILLS

Communication

Organisation

Activity Structure

Knowledge

Use of Language

Evaluation

Target Setting

QUALITIES

Humour

Confidence

Enthusiasm

Appearance

Personality

Motivation

Leadership Style

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- **Describe** the strength?

What was it? Where / when did you demonstrate this? Make sure you use the **key word** attributes

- **Explain** the strength?

How did you know this is a strength? How did you show this in your leading?

Repeat this for a 2nd strength

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Example

- **A strength of my leadership performance was** that I demonstrated good **knowledge** of the sport as my activities were relevant to the sport.
- **I believe this is a** strength because it meant that the students performed activities that were **relevant** to the aim, **therefore** helping them to improve. **The reason I have good knowledge** is because I have been playing football for a number of years and have **experienced** lots of different coaching drills to help me and others improve.
- **Good knowledge is an important strength to have because...**

- **What is your strength?** (use **keyword**)
- **Why is it a strength?** (use **keyword**)

- What made you good at it?**
- How did it help the students?**

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Areas to improve

- **Describe** the ATI in your leadership?

Why did it not go well?

- **Explain** why this is an area to improve in your leadership?

How did it affect your leading?

- **Target** for future leading

What will you do to improve next time

- **Justify** why you have chosen this target to develop?

Why will improving this make you a better leader?

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Example

- **An area for improvement in my leadership performance was my organisation.** There were times when students had to wait around because I was setting up the next activity due to my lack of **organisation.** **This meant that** they got bored and some students started misbehaving, which caused disruption to my lesson. **Therefore,** the students didn't learn or improve as much as I would have liked.

- **What is your area for improvement?** (use **keyword**)
- **Why is it an area for improvement?** (use **keyword**)

- **Why did it not go well?**
- **How did it affect the students?**