

# Free training courses near you!

*"This course has given me back my confidence."*

## Topics covered:

### Level 1 Plaiting and twisting

Create two strand twists, fishtail, french and corn row plaits.

### Level 1 Styling and finishing

Use a block head to create an array of hairstyles.

### Level 1 Vocational studies

Gain valuable knowledge to prepare you for working in the hairdressing industry.

### Work towards goals

Identify your strengths and weaknesses and get help with job searching.

Realise has developed a new introduction to hairdressing programme to support people to get into the industry.

The course is fully funded so there's absolutely no cost to take part. But you could walk away with vital skills that employers are asking for and even a new job!

The course can be delivered flexibly to meet the availability and needs of learners. It's a hands-on programme where participants will use a block head to learn basic hairdressing skills such as plaits and twists.

Learning is accredited and those who successfully complete the programme will gain three certificates:

- Level 1 Vocational studies (hairdressing)
- Level 1 Styling and finishing
- Level 1 Plaiting and twisting

The programme could be career enhancing and life-changing, so please get in touch if we could help you or someone you know.



# Realise

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