



## Year 9 DC1 Physical Education

Learning Focus		Emerging	Developing	Securing	Mastering	Beyond
<b>Know</b>	Knowledge of skills, rules, tactics and strategies	I can identify a good number of key skills, tactics and strategies. They know a range of rules and regulations for the sport.	I can identify a high number of key skills, tactics and strategies. They know a variety of rules and regulations for the sport.	I can identify a very high number of key skills, tactics and strategies. They know a broad range of rules and regulations for the sport.	I can identify the full range of skills, tactics and strategies. They know an array of rules and regulations for the sport.	I can identify a number of key skills, tactics, strategies and rules which is beyond expectations of a year 9 student.
	Evaluation and analysis of performance	I can identify a good number of strengths and weaknesses in a performance. They can analyse other performers with sound accuracy and give some justification for evaluation.	I can identify a high number of strengths and weaknesses in a performance. They can analyse performers with good accuracy and give fairly detailed justification for their evaluation.	I can identify a very high number of strengths and weaknesses in a performance. They can analyse performers with good accuracy and give detailed justification for their evaluation.	I can identify the full range of strengths and weaknesses in a performance. They can analyse performers with high level accuracy and give highly detailed justification for their evaluation.	I can evaluate and analyse performances to a level which is beyond the expectations of a year 9 student.
<b>Show</b>	Execution of skills and techniques	I can execute a fair range of solid skills and techniques which are mostly	I can execute a fair range of good level skills and techniques which are	I can execute a wide range of good level skills and techniques which are	I can execute a wide range of skills and techniques, including some advanced ones,	I can execute skills and techniques to a level which is beyond the



Hope



Endurance



Forgiveness



Trust



		effective in practice situations and quite often effective in competitive/performance situations.	regularly effective in practice situations and mostly effective in competitive/performance situations.	consistently effective in practice situations and regularly effective in competitive/performance situations.	which are consistently effective in practice situations and competitive/performance situations.	expectations of a year 9 student.
	Application of tactics and strategies	I can apply moderately difficult tactics and strategies. They can alter their plans depending on the scenario presented but will need to be prompted to do this.	I can apply some difficult tactics and strategies. They can alter their plans over time depending on the scenario presented.	I can apply different and advanced tactics and strategies. They can be quite flexible and alter these plans depending on the scenario presented and the success of the current approach.	I can apply an array of different and complex tactics and strategies. They can be very flexible and alter these plans quickly depending on the scenario presented and the success of the current approach.	I can apply tactics and strategies to a level which is beyond the expectations of a year 9 student.
<b>Grow</b>	Application of key concepts	I can apply a good number of key concepts in a performance.	I can apply a broad number of key concepts in a performance.	I can apply a vast number of key concepts in a performance.	I can apply an array of key concepts in a performance.	I can apply key concepts in a performance which are beyond the expectations of a year 9 student.





	<p>Demonstration of balanced, healthy lifestyle choices</p>	<p>I can demonstrate a good number of choices which help lead towards a balanced, active and healthy lifestyle. I am likely to participate in PE lessons along with a small number of extracurricular clubs as part of their weekly exercise</p>	<p>I can demonstrate a broad number of choices which help lead towards a balanced, active and healthy lifestyle. I am likely to participate in PE lessons along with a good number of extracurricular clubs as part of their weekly exercise.</p>	<p>I can demonstrate a vast number of choices which help lead towards a balanced, active and healthy lifestyle. I am likely to participate in PE lessons along with a broad number of extracurricular clubs as part of their weekly exercise.</p>	<p>I can demonstrate an exceptional number of choices which help lead towards a balanced, active and healthy lifestyle. I am likely to participate in PE lessons along with a vast number of extracurricular clubs as part of their weekly exercise.</p>	<p>I can demonstrate decisions to help lead a balanced, active, healthy lifestyle which are beyond the expectations of a year 9 student.</p>
--	---	--	---	---	--	--