

Curriculum Overview 2025-26 Health and Social Care

Year 10 Half term 1 & 2 – Theory & Skills Building for PSA 1	Half Term 3 & 4 Jan – May 25 Sitting and Submitting PSA 1	Half term 5 & 6 – Theory & Skills Building PSA 2
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Curriculum overview for Year 10

TERM	Autumn HT 1	Autumn HT 2	Spring HT 1	Spring HT 2	Summer HT 1	Summer HT 2
Curriculum Content: Component 1 and Component 2 Priority Essential knowledge and skills that will be taught.	Component 1 Human Lifespan Development Prior Learning: PD Human Life stages Key Knowledge: Component 1 A1 Human growth and development across life stages - explore different aspects of growth and development across the life stages using the physical, intellectual, emotional and social (PIES) classification. A2 Factors affecting growth and development - explore the different factors that can affect an individual's growth and	Component 1 Human Lifespan Development Prior Learning: RE - Families Key Knowledge: Component 1 A1 Human growth and development across life stages - explore different aspects of growth and development across the life stages using the physical, intellectual, emotional and social (PIES) classification. A2 Factors affecting growth and development - explore the different factors that can affect an individual's growth and development. Different factors will impact on	Component 1 Human Lifespan Development Prior Learning: PD Human Life stages Key Knowledge: Component 1 B1 Different types of life event - explore life events that occur in an individual's life. Learners will explore the different events that can impact on people's PIES development. B2 Coping with change caused by life events - explore how individuals can adapt or be supported through changes caused by life events. People may react very	Component 1 Human Lifespan Development Prior Learning: PD Human Life stages Key Knowledge: Component 1 B1 Different types of life event - explore life events that occur in an individual's life. Learners will explore the different events that can impact on people's PIES development. B2 Coping with change caused by life events - explore how individuals can adapt or be supported through changes caused by life events. People may react	Component 2 Health and Social Care Services and Values Prior Learning: PD Health and puberty Living in the Wider World- Careers Key Knowledge: Component 2 A1 Healthcare services - explore a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available.	Component 2 Health and Social Care Services and Values Prior Learning: PD Health and puberty & Component 1 Key Knowledge: A2 Social care services - explore a range of social care needs and how these can be met by the social care services that are available.



	development. Different factors will impact on different aspects of growth and development. Skills: Exam techniques Revisit- Recall – Revise Future Links: Health Educator Community Health Worker	different aspects of growth and development. Skills: Exam techniques Revisit- Recall – Revise Future Links: Child Advocate Social workers	differently to the same type of event. PSA 1 Task 1 & 2 Skills: Exam techniques Revisit- Recall – Revise Future Links: Child Advocate Social workers	very differently to the same type of event. PSA 1 Task 2 & 3 Skills: Exam techniques Revisit- Recall – Revise Future Links: Community Development Worker Community Education Officer	Skills: Exam techniques Revisit- Recall – Revise Future Links: Family Support Worker Adult Nurse	Future Links: Children's Nurse
SIAMS	Students consider their own beliefs, experiences and life choices to inform their understanding of those made by others. Component 1 Human Lifespan Development teaches students about the growth and development of themselves and others across various life stages.	Students explore case studies to develop understanding of how different beliefs and values influence a human's development.	Students investigate ways of empowering individuals who use health and social care services.	Students learn about future career opportunities within the health and social care professions.	Students learn about cultural differences and the specific needs of individuals. Care planning being person-centred to accommodate differences and preference of individuals.	Students explore a range of life events and how these can affect human growth and development, and the positive and negative aspects of these life events.
	Home works Practice questions	Home works Practice questions	Home works Practice questions	Home works Practice questions	Home works Practice questions	

Year 11

Year 10 Half term 1 & 2 – Sitting and Submitting PSA 2	Half Term 3 & 4 Jan – May 25 Resits (if required PSA 1)	Half term 5 & 6 – Theory & Revision for May exam
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Curriculum overview for Year 11

TERM	Autumn HT 1	Autumn HT 2	Spring HT 1	Spring HT 2	Summer HT 1	Summer HT 2
Curriculum Content: Component 2 and Component 3 Priority Essential knowledge and skills that will be taught.	Component 2 Health and Social Care Services and Values Prior Learning: Component 1 Future Links: Care Worker Counsellor Key Knowledge: Component 2 A3 Barriers to accessing services - explore barriers that can make it difficult to use these services and suggest how these barriers can be overcome.	Component 2 Health and Social Care Services and Values Prior Learning: Component 1 Future Links: Health Promotion Specialist Occupational Therapist Key Knowledge: Component 2 A3 Barriers to accessing services - explore barriers that can make it difficult to use these services and suggest how these barriers can be overcome. B1 Explore and practise applying the different care values	Component 3 Health and Wellbeing Prior Learning: Component 1 & 2 Future Links: Health & Safety trainer. Health and Social Care Lecturer Key Knowledge: Component 3 Exam A1 Factors affecting health and wellbeing. B1 physiological Physiological indicators used to measure health. Pulse Blood pressure Peak flow Body mass index	Component 3 Health and Wellbeing Prior Learning: Component 1 & 2 Future Links: Children's Support worker Adult Support worker Nurse Practitioner Key Knowledge: Component 3 B2 lifestyle indicators Interpret lifestyle data in relation to risks posed to physical health. • Interpretation of lifestyle data, specifically risks to physical health associated with: smoking alcohol consumption inactive lifestyles.	Component 3 Health and Wellbeing Prior Learning: Component 1 & 3 Future Links: Dentist Physical Therapist Key Knowledge: Component 3 Exam C1+C2 Health and wellbeing improvement plans • The importance of a person-centred approach • Information to be included in improvement plan Component 3 Exam	Year 11 final exams



		that are key to the delivery of effective health and social care services. Empowering and promoting independence Respect Maintaining confidentiality Preserving dignity Effective communication Safeguarding and duty of care, Promoting anti-discriminatory practice B2 Reviewing own application of care values skills	time constraints – work and family commitments availability of resources – financial, physical, e.g., equipment unachievable targets – unachievable for the individual or unrealistic timescale lack of support, e.g., from family and friends other factors specific to individual – ability/disability, addiction barriers to accessing identified services.	C1+C2 Health and wellbeing improvement plans • The importance of a person-centred approach • Information to be included in improvement plan Component 3 Exam C3 Obstacles to implementing plans. Potential obstacles: emotional/psychological – lack of motivation, low self-esteem, acceptance of current state	C3 Obstacles to implementing plans. Potential obstacles: emotional/psychological – lack of motivation, low self-esteem, acceptance of current state	
	PSA 1 Task 1 & 2 Skills: Exam techniques Revisit- Recall - Revise	PSA 1 Task 1 & 2 Skills: Exam techniques Revisit- Recall - Revise	Skills: Exam techniques Revisit- Recall - Revise	Skills: Exam techniques Revisit- Recall - Revise		
SIAMS	Students explore how humans develop their own 'moral codes' and the impacts of nature and nurture on these codes.	Students have the opportunity as part of their assignments to show understanding and demonstrate various care values i.e. dignity and respect of others.	Students learn about the physical, social, cultural, emotional, and economic factors that affect human development in society.	Students consider the willingness to work in partnership, including professionals, other workers and families in a health and social care setting.	Students learn about cultural differences and the specific needs of individuals based upon these differences. They consider how person-centred care planning should accommodate differences and preferences of individuals.	Students explore the differences and similarities between cultures and how this can impact an individual's choices regarding the health care they receive.
	Home works Practice questions	Home works Practice questions	Home works Practice questions	Home works Practice questions	Home works Practice questions	